

BROWS BY HANNAH

AFTERCARE INSTRUCTIONS

Congratulations on your new Lip Blush Tattoo! Following your aftercare instructions is incredibly important for best results, if you don't follow the instructions 100% you risk reducing the length of your results and may increase your risk of infection. With 5 years experience of creating beautiful lips I have formulated a special healing technique and I advise the following guidelines for the BEST possible results after your procedure, please trust the process!

The healing process isn't limited to just physical healing. Some people don't even think about the emotional process that goes on during this time period. It can be a real emotional rollercoaster during the first few weeks of healing as they will look different on each day. Just know it is completely normal and we all go through this, it is best to not judge your lips until they are completely healed.

For 1 week post procedure you are advised to not let your lips get wet so avoid steam, sweat, saunas, and shower spray. Your skin is still binding together in this time and to reduce colour literally washing away from the skin it needs to be dry. It is not recommended to use ANY products, skincare or makeup on or close to the lip area for the first 2 weeks to reduce risk of infection and colour fade. You are able to cleanse and use products around the area, just be careful when doing so.

Your lip tattoo will start healing very fast! If you have a known history of coldsores you would have already been advised to start taking anti viral medication tablet before your appointment as the tattoo is inflicting trauma on the skin this will help minimise an outbreak. If you have not had a coldsore before but experience an outbreak you can purchase an anti viral coldsore medication from a pharmacy. You are now unable to donate blood for 4 months after receiving any tattoo in New Zealand.

Day 1-3 After Treatment-

Your lips may feel like a mild sunburn once the numbing cream has worn off, refrain from touching them with anything except for the saline wipes or aftercare cream. Swelling can be irregular and last for up to 3 days post treatment. You need to keep your lips extremely hydrated and use the aftercare cream every hour to avoid them drying out. Apply the cream with a cotton tip by dabbing it on.

After eating/ drinking use a saline wipe to DAB your lips then apply more cream. Be very generous with using the cream before bed.

In this time your lips may be a more dramatic lipstick type of colour. Avoid rubbing your lips together in this time.

Day 4-7

You are still keeping your lips protected from water and have no contact with makeup or products on them yet. Using your aftercare cream multiple times per day is still advised. If you are experiencing flakiness please do not pick at it and let it naturally exfoliate off.

In this time your lips will feel dramatically lighter, in some cases almost like the pigment is non-existent. Do not worry! Your top layers on skin are bonding together and processing the pigment behind the scenes. Have trust in the process.

Day 8-14

You are now able to wash your face and have contact with water like normal, YAY! Aftercare cream is still to be used multiple times per day. At this point in time you may feel like the colour is still very light and possibly patchy.

Day 15-30

Now you are able to use other products on your lips such as lip balms and lipstick. You will have noticed that the pigment has returned and is not as faded as it was in the previous weeks, however they may still be patchy as the pigment did not hold as well in some areas. Totally normal! This is exactly why we have a touch up session 4-6 weeks later to perfect them. This first session is amazing for neutralising any cool tones present in the skin, rest assured after your touch up session the colour will feel more prominent.

After Touch Up Appointment

The healing process will be exactly the same as your initial appointment unless advised and you will receive a new after care kit to take home with you.

Expect your lips to go through the dark looking stage to the light and patchy stage the same way it happened the first time. Your final results are when the pigment has settled 4 weeks after your touch up. It is personal preference but not necessary if you would like a second touch up at an additional cost from here. Please check website for pricing details.

Long Term Care

Always use a lip balm with an SPF to protect against sun fade while outside, this is the easiest thing you can do to protect your lip colour long term! Avoid any active skincare ingredients directly on your lips. Avoid laser or chemical treatments or peelings, and/or any creams containing Retin-A or Glycolic acid, Lactic acid, AHA on the treatment area. Smoking has been known to lessen the amount of time the pigment lasts in the skin. When using foundation, avoid the area of your healed lips. If foundation covers healed lips they will appear lighter. For more information please visit the FAQ section on our website.

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