

BROWS BY HANNAH

AFTERCARE INSTRUCTIONS

Congratulations on your new Feather Touch Eyebrow Tattoo! Following your microblading aftercare instructions is incredibly important for best results, if you don't follow the instructions 100% you risk reducing the length of your results and may increase your risk of infection. With 5 years experience of creating beautiful brows I have formulated a special healing technique and I advise the following guidelines for the BEST possible results after your microblading procedure, please trust the process!

The healing process isn't limited to just physical healing. Some people don't even think about the emotional process that goes on during this time period. It can be a real emotional rollercoaster during the first few weeks of healing as they will look different on each day. Just know it is completely normal and we all go through this, it is best to not judge your brows until they are completely healed.

For 2 weeks post procedure you are advised to not let your brows get wet so avoid steam, sweat, saunas, and shower spray. For showering and hair washing use the stick on shower visor provided to you in your aftercare kit, water will flow off this while protecting your eyebrows. Your skin is still binding together in this time and to reduce colour literally washing away from the skin it needs to be dry. Dab with clean cotton pad if eyebrows accidentally get wet or sweaty. It is not recommended to use ANY products, skincare or makeup on or close to the eyebrow area for the first 2 weeks to reduce risk of infection and colour fade. You are able to cleanse and use products on your forehead area, just be careful when doing so. Pin hair back if necessary to prevent hair sweeping into your eyebrows. Any eyebrow waxing can be performed 4 weeks post treatment so stick to tweezing any stray hairs until then. You are now unable to donate blood for 4 months after receiving any tattoo in New Zealand.

If too much aftercare cream is used, the skin will not have adequate conditions to breathe and bond together quickly and the colour can run out. On the other hand, if not enough cream is used the eyebrows will get very dry and flaky which will result in the colour coming away with the scab. It is important to only use the cream a maximum of 1-2 times per day or when dry, itchy or flaky.

Day 1 After Treatment-

Your eyebrows may feel like a mild sunburn once the numbing cream has worn off, refrain from touching them or putting anything on them. Before bed time you may use a saline wipe provided to gently DAB the area as a weepy fluid will be trying to exit the body. You want to dab it away before this dries and forms a crust.

In this time your eyebrows will appear thicker, darker and may have a warm tinge of colour to them. This is completely normal.

Day 2-3

Morning and night you will need to dab your eyebrows with a saline wipe that was provided to you in your aftercare kit. These are single use only. On day 3 onwards if you feel your eyebrows are very tight, dry, itchy or irritated you may start using the aftercare cream provided to you twice per day maximum. A pea sized amount can be applied to a cotton tip and DABBED into your eyebrows gently between the hairs onto the skin. Use one side of the cotton tip for each eyebrow.

In this time your eyebrows will appear thicker, darker and may have a warm tinge of colour to them. This is completely normal.

Day 4-14

From this point on there will be no saline wipes left in your kit and you no longer need to dab them. You are still keeping them protected from water and have no contact with makeup or products on them yet. Using your aftercare cream 1-2 times per day is still advised. If you are experiencing flakiness please do not pick at it and let it naturally exfoliate off.

In this time your eyebrows will feel dramatically lighter, in some cases almost like the pigment is non-existent. Do not worry! Your top layers on skin are bonding together and processing the pigment behind the scenes. Have trust in the process.

Day 15-30

You are now able to wash your face and have contact with water like normal, YAY! I know 2 weeks feels like a long time but you have definitely done the best thing to heal your brows. Makeup is able to be worn on/ around your tattoo now. Aftercare cream may not be needed at all by this point but if you feel you need it only use 1 time per day.

At this point in time you may have noticed that the pigment has returned and is not as faded as it was in the previous weeks, however they may still be patchy as the pigment did not hold as well in some areas. Totally normal! This is exactly why we have a touch up session 4-6 weeks later to perfect them.

After Touch Up Appointment

The healing process will be exactly the same as your initial appointment unless advised and you will receive a new after care kit to take home with you.

Expect your eyebrows to go through the dark looking stage to the light and patchy stage the same way it happened the first time. Your final results are when the pigment has settled 4 weeks after your touch up. It is personal preference but not necessary if you would like a second touch up at an additional cost from here. Please check website for pricing details.

Long Term Care

Always use sunscreen on your eyebrows or keep shaded with hat/ sunglasses to protect against sun fade while outside, this is the easiest thing you can do to protect your brows! Avoid any active skincare ingredients directly on your eyebrows. Avoid laser or chemical treatments or peelings, and/ or any creams containing Retin-A or Glycolic acid, Lactic acid, AHA on the treatment area.

Smoking has been known to lessen the amount of time the pigment lasts in the skin. When using foundation, avoid the area of your healed eyebrows. If foundation covers healed brows, your eyebrows will appear lighter. For more information please visit the FAQ section on our website

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